

# MILLWOODS CEDARS FAMILY DENTAL CLINIC

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## ROOT CANAL POST OP INSTRUCTIONS

The canals inside the roots have been cleaned, irrigated, medicated and permanently sealed.

The opening in the tooth through which root canal treatment was done has been sealed with a filling.

### **WHAT TO EXPECT:**

It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving root canal therapy.

This should subside within a few days (or even weeks). This occurs because of conditions, which existed before treatment was started.

Experience shows that if there was pain prior to treatment there may be a degree of pain that will continue for a few days after the procedure.

Remember that pain radiates.

You may feel sensations of discomfort that are not related to the treated area during the healing process. This can be created by inflammation in this area and/or due to increase in blood volume that naturally occurs in the healing process.

Your tooth will be sensitive to biting pressure and may even appear to feel loose.

This feeling is a result of the sensitivity of nerve ending in the tissue just outside the end of the root, where we cleaned, irrigated and placed filler and sealer material.

Discomfort in this area for a few days to a couple of weeks is common.

Warm salt water rinses for the next two days will help, and avoid chewing on this side until all tenderness is gone.

Occasionally, a small "bubble" or "pimple" will appear on the gum tissue within a few days after completion of a root canal.

This represents the release of pressure and bacteria which no longer can be sustained around the tooth.

This should disappear within a few days.

The gums may be sore and the tooth may be tender when biting or chewing. These conditions exist because the nerves around the tooth have been inflamed because of the conditions that existed before treatment was started and due to the manipulation of the tooth during treatment.

**\*\*\*A CROWN IS NOW RECOMMENDED TO PROTECT THE TOOTH\*\*\***

**\*\*Delay in obtaining final restoration (crown) may result in fracture and/or possible loss of the tooth\*\***